

MSA Small-Sided Games Rules
8 & Under - 4 v 4
Includes 7 & Under for organizations that have single-age groups

Ball Size: Size three (3)

Number of players: Maximum number of players on field at one time is five (5).

a. Maximum Roster Minimum roster size should not be less than seven (7) and the maximum does not exceed nine (9).

b. **Goalkeepers None. ***NO player(s) should be stationed in or around the goal box. All players are considered field players and should be involved in the game at all times.**

c. Substitutions: At quarter breaks and half-time break or injury.

d. Playing Time: Each recreational player SHALL play a minimum of 50% of total playing time.

e. Coed teams: Teams and games may be coed but are considered boys teams.

Player's Equipment: Conform to IFAB. Non-uniform clothing is allowed based on weather conditions, but uniforms must still distinguish teams. Players may use tennis shoes or soft-cleated soccer shoes.

SHINGUARDS ARE MANDATORY.

The Referee: An OFFICIAL (Game Manager or Coordinator or Parent or Coach or certified referee) may be used. All infringements shall be briefly explained to the offending player.

Assistant Referee: None.

Duration of Game: The match shall be divided in to four (4) equal, ten (10) minute quarters. There shall be a two (2) minute break between quarters one and two and another two (2) minute break between quarters three and four. There shall be a half-time interval of five (5) minutes.

Start/Restart of Play: Conform to IFAB with the exception that opponents of the team taking the kick are at least four (4) yards away from the ball until it is in play.

Ball in & Out of Play: Conform to IFAB.

Method of Scoring: Conform to IFAB.

Offside: None

Fouls & Misconduct: Conform to IFAB with exception that all fouls shall result in an indirect free kick.

The referee/coach/parent must explain ALL infringements to the offending player. No cards shown for misconduct. **Free Kicks:** Conform to IFAB with the exception that all kicks are indirect and all opponents are at least

four (4) yards from the ball until it is play.

Penalty Kicks: None.

Throw-in/Kick-in: Conform to IFAB with exception that an improperly performed throw-in can be retaken once. The Kick-In is considered as an indirect free kick with the opponents four (4) yards from the ball until it is in play. **Goal Kick:** Conform to IFAB with the exception that opponents must remain outside the goal area and at least four (4) yards from the ball until it is in play.

Corner kick: Conform to IFAB with the exception that opponents must remain outside the goal area and at least four (4) yards from the ball until it is in play.

****SPECIAL NOTE: Teams 8 & under may not deliberately head a ball at any time during a game.**